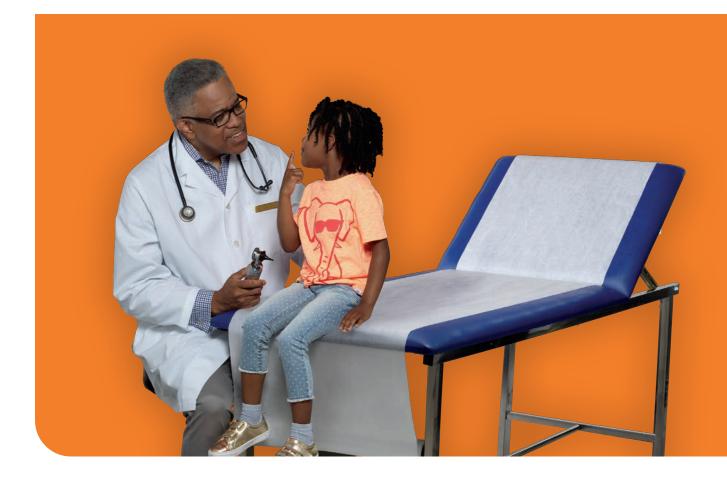


# There's a health plan that's just right for you.

Let's choose a plan that fits your needs.

#### Your plan choices:

- Allies<sup>™</sup> Choice HMO
- Complete HMO



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Value, innovation, and the best of customer care. It's all included with each of our plans.



You'll get comprehensive care for everything from keeping well to getting treatments at the right time and place for you. Each plan offers a provider network with top Massachusetts doctors and hospitals, as well as innovative benefits and fantastic customer service.

- Benefits include medical, pharmacy, behavioral health, wellness programs, and more.
- You can get virtual urgent care 24/7 through On Demand. Virtual visits with in-network primary care providers, specialists, and behavioral health providers are also available.
- Behavioral health providers are from the Optum network.
- There's no copayment, deductible, or coinsurance for preventive services and preventive lab tests when delivered by an in-network provider.
- Our Care Complement package removes cost sharing for certain pain and chronic condition therapies to help you save on care your doctor prescribes. Care Complement is included with all Allies Choice plans and some Complete plan options.

## Get started: Meet the Allies Choice HMO



### Newton-Wellesley Hospital

With this plan, Newton-Wellesley Hospital is your home for primary and specialty care for outpatient and inpatient services. The plan's limited tiered provider network also gives you access to Mass General Brigham's renowned academic and specialty hospitals when your provider refers you.

# The Allies Choice HMO is available to employees who live within a 20-mile radius of Newton-Wellesley Hospital. The service area includes:

Acton Arlington Ashland Bedford Billerica Boston	Dover Everett Foxborough Framingham Holliston Hudson	Milton Natick Needham Newton Norfolk Norwood		
Belmont	Lexington	Quincy	Sudbury	
Brookline	Lincoln	Randolph	Tewksbury	0000
Burlington	Malden	Revere	Walpole	
Cambridge	Marlborough	Sharon	Waltham	
Canton	Maynard	Sherborn	Watertown	Westwood
Carlisle	Medfield	Somerville	Wayland	Wilmington
Chelsea	Medford	Southborough	Wellesley	Winchester
Concord	Melrose	Stoneham	Westborough	Winthrop
Dedham	Millis	Stow	Weston	Woburn

#### The Allies Choice HMO offers a savings on premiums compared to Complete (full network) plans.

**IMPORTANT NOTICE:** This plan includes a limited tiered provider network called Allies Choice HMO and provides access to a network that is smaller than AllWays Health Partners' full commercial HMO provider network. Members have access to network benefits only from the providers in the Allies Choice HMO network and pay different levels of copayments, coinsurance, and/or deductibles depending on the tier of the provider delivering a covered service or supply. This plan may make changes to a provider's benefit tier annually on January 1. Please consult the **provider directory** or visit the provider search tool at **allwayshealthpartners.org** to determine which providers are included in the Allies Choice HMO network and the tier of those providers.

### Here's how the Allies Choice HMO works:

Allies Choice is an HMO plan designed to make choosing and receiving world-class care easier, more convenient, less costly, and less confusing.

- Choose a primary care provider (PCP) affiliated with Newton-Wellesley Hospital, one of the leading community hospitals in Massachusetts.
- > You have easy access to Newton-Wellesley's PCPs and specialists—with special areas of expertise including cardiology, oncology, maternity services and women's health, orthopedics, sports medicine, and more.
- In addition to your care centered at Newton-Wellesley, you may be referred to Mass General Brigham's renowned academic medical centers and specialty hospitals. Tier 2 (higher) cost sharing for certain services will apply. Newton-Wellesley Hospital is a Tier 1 (lower cost) hospital.
- Allies Health Navigators help deliver a seamless health experience. They serve as a bridge to the services, providers, care, and coverage answers you might need.
- They can also connect you to shortened wait times (within three business days from the primary care referral) for appointments with select specialists, including cardiology, orthopedics, dermatology, and gastroenterology.
- There's \$0 cost sharing for virtual visits for primary care, specialists, behavioral health, and 24/7 urgent care.
- Want to receive most of your care virtually? Choose a PCP from the Virtual First Primary Care practice at Newton-Wellesley. You can see a provider virtually within one business day upon request, schedule visits online, and pay \$0 out of pocket for that visit. Of course, some in-person office visits may be necessary.
- No matter where you travel, you're always covered for emergency and urgent care.

#### About the network: Allies Choice HMO

This plan divides the limited tiered hospital network into higher- and lower-cost tiers: Tier 1 (lower-cost) and Tier 2 (higher-cost). Tiering is limited to these services:

- Inpatient medical services
- Outpatient diagnostic imaging and X-ray (including ultrasound)
- Outpatient high-tech radiology (CT scans, MRIs, etc.)
- Outpatient surgery
- Outpatient short-term rehabilitation (cardiac, physical, occupational, and speech therapy)

#### Is the Allies Choice HMO right for you? Talk to Hailey.

Hailey, our enrollment specialist, can answer any questions you might have about the Allies Choice HMO and help you decide which plan is right for you.

You can talk with Hailey by emailing allies@allwayshealth.org or by calling 1-800-776-0031

To learn more about the Allies Choice HMO and the primary care providers accepting new patients at Newton-Wellesley Hospital, visit **allieschoice.allwayshealthpartners.org**.

# **Explore our Complete HMO**



A full network HMO plan that is simple to understand and easy to use

### Here's how our Complete HMO plan works for you.

This traditional HMO plan provides access to our Complete HMO's expansive network of doctors and specialists. (See next page.)

Your care starts with your primary care provider (PCP), who will treat you when you're sick or hurt, and for routine care. When you travel, you're always covered for emergency and urgent care. When you need specialty care, your PCP will refer you to specialists to help ensure coordinated care.

Referrals are needed for certain specialty services. Some services or procedures may require a prior authorization from us.

### A health plan for your care needs

Our health plans make getting care easier, more convenient and affordable. So you can get the care you need, when you need it—and how you want it. Our expansive HMO network includes access to leading academic and teaching hospitals, including:

- Massachusetts General Hospital
- Brigham and Women's Hospital
- South Shore Hospital
- Beth Israel Deaconess Medical Center
- MetroWest Medical Center
- Lahey Hospital and Medical Center
- Salem Hospital
- Saint Vincent Hospital
- Beth Israel Deaconess Hospital-Plymouth
- ... and many more

To find doctors in our Complete HMO network, go to **allwayshealthpartners.org**.

And, if you don't see your provider in our Complete HMO directory, please let us know.

# We're here to help, even before you're a member

Do you have any upcoming provider visits, treatments, or procedures that will start or continue into the month you become a member? Questions about your prescriptions or therapies? Call us at **866-643-8392**, or email **customerservice@allwayshealth.org** to get the answers you need.

#### Once you become a member

We welcome you to join our exclusive online member community at **allwayscommunity.org**, where you can share thoughts and ideas on everything from products and services to better ways to help you access the care you need. Your insights help us to make AllWays Health Partners better for you and other members.

#### Take the next step

Ready to make a selection? Follow up with your employer or HR department.

If you aren't sure or need more information to help you choose which plan is right for you, connect with Hailey, our Enrollment Specialist, via email at **allies@allwayshealth.org** or call **1-800-776-0031** 



#### allwayshealthpartners.org 🚺 😏 🛅 🎯

Member of Wass General Brigham

AllWays Health Partners includes AllWays Health Partners Insurance Company and AllWays Health Partners, Inc. 14065-0921-01