



Behavioral Health for Children and Adolescents (under the age of 19) Commercial Coverage Overview

Effective 7/1/19

For questions about behavioral health coverage or help finding a contracted provider, contact Optum at 844-451-3520 (Partners HealthCare plan members) or 844-451-3518 (all other members).

Services available to all Commercial children and adolescents

Service	Service description and how to access
In-Home Therapy (IHT) or Family Stabilization Treatment (FST)	<ul style="list-style-type: none"> • Family Stabilization Treatment (FST) is already a service offered • Includes intensive home-based therapeutic family treatment/counseling. • No prior authorization required. Referrals can be made by contacting the servicing provider directly.
Intensive Care Coordination (ICC)	<ul style="list-style-type: none"> • An intensive multidisciplinary care management/care coordination program is provided by AllWays Health Partners' Your Care Circle (YCC) program. • Referrals can be made directly to the YCC team by emailing yourcarecircle@allwayshealth.org with the subject line "BHCA CM". Include presenting concerns, member contact information and referring provider contact information.
Community-Based acute Treatment for Children and Adolescents (CBAT) and Intensive Community-Based Treatment for Children and Adolescents (ICBAT)	<ul style="list-style-type: none"> • Residential treatment provided to children/adolescents who require a 24-hour-a-day, seven-day-a-week staff-secure (unlocked) acute treatment setting. • Members are screened by emergency service program (ESP)/mobile crisis intervention (MCI) provider or at the ER.

AllWays Health Partners includes AllWays Health Partners, Inc. and AllWays Health Partners Insurance Company.

399 Revolution Drive / Suite 810 / Somerville, MA 02145 / allwayshealthpartners.org

Services available to fully insured commercial plans and Partners HealthCare Plans

Service	Service description and how to access
In-Home Behavioral Services (IHBS)	<ul style="list-style-type: none"> • NEW covered service as of 7/1/19. • Home based behavioral intervention. • Master’s level clinician develops behavioral intervention with family. • Bachelor’s level support staff engages in monitoring and coaching parent on behavioral interventions. • No prior authorization required. Referrals can be made directly through the servicing provider
Mobile Crisis Intervention (MCI)	<ul style="list-style-type: none"> • NEW covered service as of 7/1/19. • MCI can be obtained through emergency service program (ESP) providers. • A short-term, mobile, on-site, face-to-face therapeutic response service that is available 24 hours a day, 7 days a week to children experiencing a behavioral health crisis. • No prior authorization required. To find a local ESP/MCI provider, members and providers can call the state-wide toll-free referral number at 1-877-382-1609.