

Reference number(s)
1605-A

## ENHANCED SPECIALTY GUIDELINE MANAGEMENT

### CINRYZE (C1 esterase inhibitor [human])

#### POLICY

##### I. INDICATIONS

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met and the member has no exclusions to the prescribed therapy.

##### FDA-Approved Indications

Routine prophylaxis against angioedema attacks in adults, adolescents and pediatric patients (6 years of age or older) with hereditary angioedema (HAE)

All other indications are considered experimental/investigational and are not a covered benefit.

##### II. REQUIRED DOCUMENTATION

The following information is necessary to initiate the prior authorization review: C4 levels and C1 inhibitor functional and antigenic protein levels.

##### III. CRITERIA FOR INITIAL APPROVAL

Authorization of 12 months may be granted for prevention of hereditary angioedema attacks when either of the following criteria is met:

- A. Member has C1 inhibitor deficiency or dysfunction as confirmed by laboratory testing.
- B. Member has normal C1 inhibitor as confirmed by laboratory testing and meets one of the following criteria:
  - 1. Member has an F12, angiotensin-converting enzyme, or plasminogen gene mutation as confirmed by genetic testing, or
  - 2. Member has a family history of angioedema and the angioedema was refractory to a trial of high-dose antihistamine (e.g., cetirizine) for at least one month.

##### IV. CONTINUATION OF THERAPY

Authorization of 12 months may be granted for continuation of therapy when all of the following criteria are met:

- A. Member meets the criteria for initial approval.
- B. Member has experienced reduction in frequency, severity and duration of attacks since starting treatment.

##### V. REFERENCES

1. Cinryze [package insert]. Lexington, MA: ViroPharma Biologics; June 2018.
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12. Farkas H, Martinez-Saguer I, Bork K, et al. International consensus on the diagnosis and management of pediatric patients with hereditary angioedema with C1 inhibitor deficiency. *Allergy.* 2017;72(2):300-313.