



**Skeletal Muscle Relaxants
Effective 06/25/18**

Plan	<input checked="" type="checkbox"/> MassHealth <input checked="" type="checkbox"/> Commercial/Exchange	Program Type	<input type="checkbox"/> Prior Authorization
Benefit	<input checked="" type="checkbox"/> Pharmacy Benefit <input type="checkbox"/> Medical Benefit (NLX)		<input type="checkbox"/> Quantity Limit <input checked="" type="checkbox"/> Step Therapy
Specialty Limitations	N/A		
Contact Information	Specialty Medications		
	All Plans	Phone: 866-814-5506	Fax: 866-249-6155
	Non-Specialty Medications		
	MassHealth	Phone: 877-433-7643	Fax: 866-255-7569
	Commercial	Phone: 800-294-5979	Fax: 888-836-0730
	Exchange	Phone: 855-582-2022	Fax: 855-245-2134
	Medical Specialty Medications (NLX)		
	All Plans	Phone: 844-345-2803	Fax: 844-851-0882
Exceptions	N/A		

Overview

Prescriptions that meet the initial step therapy requirements will adjudicate automatically at the point of sale. If the prescription does not meet the initial step therapy requirements, the prescription will deny with a message indicating that prior authorization (PA) is required. Refer to the criteria below and submit a PA request for the members who do not meet the initial step therapy requirements at the point of sale.

Initial Step-Therapy Requirements:

First-Line: Medications listed on first-line are covered without prior-authorization.

Second-Line: Second-line medications will pay if the member has filled at least three different first-line medications or a second-line medication within the past 180 days.

Coverage Guidelines

If a member does not meet the initial step therapy requirements, then approval of a second-line medication will be granted if the member has had a documented inadequate response, side effect, or allergy to at least three (3) different preferred generic skeletal muscle relaxants.

FIRST-LINE	SECOND-LINE
Generic skeletal muscle relaxants including: chlorzoxazone cyclobenzaprine (Flexeril) methocarbamol (Robaxin) orphenadrine citrate ER orphenadrine/ASA/Caffeine baclofen (Lioresal) dantrolene (Dantrium)	carisoprodol/ASA (Soma Compound) carisoprodol/ASA/codeine (Soma Compound/codeine) metaxalone (Skelaxin®)



FIRST-LINE	SECOND-LINE
tizanidine (Zanaflex) carisoprodol 350mg tablets (Soma)	

* Please note: carisoprodol (Soma®) 250mg tablets, Lorzone® tablets, and Amrix® capsules are a plan exclusion

Limitations

1. Approvals will be granted for 12 months.

References

N/A

Review History

09/01/06 – Implemented
06/26/06 – Reviewed
06/18/07 – Reviewed
06/16/08 – Reviewed
06/15/09 – Updated
06/21/10 – Reviewed
06/27/11 – Reviewed
12/1/11 – Lorzone plan exclusion (11/21/11 drug file)
06/25/12 – Reviewed
06/24/13 – 4 trials
06/23/14 – Reviewed
06/22/15 – Reviewed
6/27/16 – Added carisoprodol to 1st step
06/26/17 – Reviewed
06/25/18 – Removed brand, added generic

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