

**Simponi and Simponi Aria (golimumab)  
Effective January 1, 2020**

<b>Plan</b>	<input type="checkbox"/> MassHealth <input checked="" type="checkbox"/> Commercial/Exchange	<b>Program Type</b>	<input checked="" type="checkbox"/> Prior Authorization <input type="checkbox"/> Quantity Limit <input type="checkbox"/> Step Therapy
<b>Benefit</b>	<input checked="" type="checkbox"/> Pharmacy Benefit <input checked="" type="checkbox"/> Medical Benefit (NLX)		
<b>Specialty Limitations</b>	This medication has been designated specialty and must be filled at a contracted specialty pharmacy.		
<b>Contact Information</b>	<b>Specialty Medications</b>		
	All Plans	Phone: 866-814-5506	Fax: 866-249-6155
	<b>Non-Specialty Medications</b>		
	MassHealth	Phone: 877-433-7643	Fax: 866-255-7569
	Commercial	Phone: 800-294-5979	Fax: 888-836-0730
	Exchange	Phone: 855-582-2022	Fax: 855-245-2134
	<b>Medical Specialty Medications (NLX)</b>		
	All Plans	Phone: 844-345-2803	Fax: 844-851-0882
<b>Exceptions</b>	Simponi Aria is available on both the medical and pharmacy benefit. Simponi is only available on the pharmacy benefit.		

### Overview

Golimumab is a tumor necrosis factor (TNF) inhibitor that suppresses the physiologic response to tumor necrosis factor, which is part of the inflammatory response.

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met, and the member has no exclusions to the prescribed therapy.

#### FDA-Approved Indications

1. Moderately to severely active rheumatoid arthritis (RA) in combination with methotrexate
2. Active psoriatic arthritis (PsA)
3. Active ankylosing spondylitis (AS)
4. Ulcerative colitis [(UC) – Simponi only]

All other indications are considered experimental/investigational and are not a covered benefit.

### Coverage Guidelines

#### **Moderately to severely active rheumatoid arthritis (RA)**

1. Authorization may be granted for members who are currently receiving treatment with Simponi or Simponi Aria, excluding when the product is obtained as samples or via manufacturer’s patient assistance programs.

**OR**

2. Authorization may be granted for treatment of moderately to severely active RA when one of the following criteria is met:

- a. Member has experienced an inadequate response or intolerance to all preferred products (Enbrel, Humira and Rinvoq)
- b. Member has a contraindication to all preferred products (Enbrel, Humira and Rinvoq) and meets one of the following:
  - Member has experienced an inadequate response to at least a 3-month trial of methotrexate despite adequate dosing (i.e., titrated to 20 mg/week).
  - Member has an intolerance or contraindication to methotrexate (see Appendix A).

#### **Active psoriatic arthritis (PsA)**

1. Authorization may be granted for members who are currently receiving treatment with Simponi, excluding when the product is obtained as samples or via manufacturer's patient assistance programs.  
**OR**
2. Authorization may be granted for treatment of active psoriatic arthritis (PsA) if any of the following criteria is met:
  - a. Member has had a documented inadequate response or intolerable adverse event with ALL the preferred products (Cosentyx, Enbrel, Humira, Otezla and Stelara).
  - b. Member has a contraindication to all the preferred products AND meets one of the following:
    - Patient has had an intolerance to or inadequate response (after at least 3 months of treatment) with methotrexate OR leflunomide.
    - Patient has a contraindication to BOTH methotrexate and leflunomide AND has experienced an inadequate response, intolerance, or contraindication to sulfasalazine.

#### **Active ankylosing spondylitis (AS)**

1. Authorization may be granted for members who have previously received Simponi Aria or any other biologic DMARD indicated for active ankylosing spondylitis.  
**OR**
2. Authorization may be granted for treatment of active ankylosing spondylitis when all the following criteria is met:
  - a. Member has had a documented inadequate response or intolerable adverse event with Cosentyx, Enbrel AND Humira or a clinical reason to avoid these products.
  - b. Member meets any of the following criteria:
    - Member has experienced an inadequate response to at least two non-steroidal anti-inflammatory drugs (NSAIDs) over a 4-week period in total at maximum recommended or tolerated anti-inflammatory dose.
    - Member has an intolerance and/or contraindication to two or more NSAIDs

#### **Ulcerative colitis (UC) [Simponi only]**

1. Authorization may be granted for members who are currently receiving treatment with Simponi excluding when the product is obtained as samples or via manufacturer's patient assistance programs  
**OR**
2. Authorization may be granted for members who had an inadequate response, intolerance or contraindication to BOTH of the following:

- a. Humira (adalimumab)
- b. ONE conventional therapy option (See Appendix B)

**Continuation of Therapy**

Reauthorization may be granted for all members (including new members) who meet all initial authorization criteria and achieve or maintain positive clinical response after at least 3 months of therapy with Simponi Aria as evidenced by low disease activity or improvement in signs and symptoms of the condition.

**Limitations**

- 1. Approvals will be granted for 24 months
- 2. For all indications: Member has a pretreatment tuberculosis (TB) screening with a TB skin test or an interferon gamma release assay (e.g., QFT-GIT, T-SPOT.TB).
  - a. Note: Members who have received Simponi or Simponi Aria or any other biologic DMARD or targeted synthetic DMARD (e.g., Xeljanz) are exempt from requirements related to TB screening in this Policy.
- 3. The following quantity limits apply:

Simponi	1 per 28 days
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**Appendices**

**Appendix A**

**Examples of Contraindications to Methotrexate**

- 1. Alcoholism, alcoholic liver disease or other chronic liver disease
- 2. Breastfeeding
- 3. Blood dyscrasias (e.g., thrombocytopenia, leukopenia, significant anemia)
- 4. Elevated liver transaminases
- 5. History of intolerance or adverse event
- 6. Hypersensitivity
- 7. Interstitial pneumonitis or clinically significant pulmonary fibrosis
- 8. Myelodysplasia
- 9. Pregnancy or planning pregnancy (male or female)
- 10. Renal impairment
- 11. Significant drug interaction

**Appendix B**

**Examples of Conventional Therapy Options for UC**

- 1. Mild to moderate disease – induction of remission:
  - a. Oral mesalamine (e.g., Asacol, Asacol HD, Lialda, Pentasa)
  - b. Rectal mesalamine (e.g., Canasa, Rowasa)
  - c. Alternatives: azathioprine, mercaptopurine, sulfasalazine
- 2. Mild to moderate disease – maintenance of remission:
  - a. Oral mesalamine, rectal mesalamine
  - b. Alternatives: azathioprine, mercaptopurine, sulfasalazine
- 3. Severe disease – induction of remission:
  - a. Sulfasalazine
- 4. Severe disease – maintenance of remission:



- a. Azathioprine, mercaptopurine
- b. Alternative: sulfasalazine

## References

1. Simponi Aria (golimumab) [prescribing information]. Horsham, PA: Janssen Biotech Inc; May 2018.
2. Simponi (golimumab) [prescribing information]. Horsham, PA: Janssen Biotech Inc; May 2018
3. Smolen JS, Landewé R, Billsma J, et al. EULAR recommendations for the management of rheumatoid arthritis with synthetic and biological disease-modifying antirheumatic drugs: 2016 update. *Ann Rheum Dis*. 2017; 0:1-18.
4. SBraun J, Baraliakos X, Hermann KG, et al. The effect of two golimumab doses on radiographic progression in ankylosing spondylitis: results through 4 years of the GO-RAISE trial. *Ann Rheum Dis* 2014; 73:1107.
5. Weinblatt ME, Bingham CO 3rd, Mendelsohn AM, et al. Intravenous golimumab is effective in patients with active rheumatoid arthritis despite methotrexate therapy with responses as early as week 2: results of the phase 3, randomised, multicentre, double-blind, placebo-controlled GOFURTHER trial. *Ann Rheum Dis*. 2013 Mar; 72(3):381-9

## Review History

02/22/10 – Reviewed  
04/05/10 – Implemented  
02/28/11 – Reviewed  
02/27/12 – Reviewed  
02/25/13 – Reviewed  
08/26/13 – Weight-based QL applied to PA  
01/13/14 – Simponi Aria update  
02/24/14 – Reviewed  
02/23/15 – Reviewed  
02/22/16 – Reviewed  
02/27/17 – Adopted SGM & PDS  
02/26/18 – Updated  
02/20/19 – Updated  
11/20/19 – Added Rinvoq as a preferred trial for RA. Added UC indications to Simponi. Combined Simponi and Simponi Aria

## Disclaimer

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