

**Dupixent® (dupilumab)**  
**Effective 11/26/18**

<b>Plan</b>	<input checked="" type="checkbox"/> MassHealth <input type="checkbox"/> Commercial/Exchange	<b>Program Type</b>	<input checked="" type="checkbox"/> Prior Authorization <input type="checkbox"/> Quantity Limit <input type="checkbox"/> Step Therapy
<b>Benefit</b>	<input checked="" type="checkbox"/> Pharmacy Benefit <input type="checkbox"/> Medical Benefit (NLX)		
<b>Specialty Limitations</b>	This medication has been designated specialty and must be filled at a contracted specialty pharmacy.		
<b>Contact Information</b>	<b>Specialty Medications</b>		
	All Plans	Phone: 866-814-5506	Fax: 866-249-6155
	<b>Non-Specialty Medications</b>		
	MassHealth	Phone: 877-433-7643	Fax: 866-255-7569
	Commercial	Phone: 800-294-5979	Fax: 888-836-0730
	Exchange	Phone: 855-582-2022	Fax: 855-245-2134
	<b>Medical Specialty Medications (NLX)</b>		
	All Plans	Phone: 844-345-2803	Fax: 844-851-0882
<b>Exceptions</b>	N/A		

### Overview

Dupilumab is a human monoclonal IgG4 antibody that inhibits interleukin-4 (IL-4) and interleukin-13 (IL-13) signaling by binding to the IL-4R $\alpha$  subunit. Blocking IL-4R $\alpha$  with dupilumab inhibits IL-4 and IL-13 cytokine-induced inflammatory responses, including the release of proinflammatory cytokines, chemokines, nitric oxide and IgE.

### Coverage Guidelines

Approval will be granted if the member meets the following diagnosis specific criteria and documentation has been submitted.

#### Moderate-severe atopic dermatitis:

1. Member has a diagnosis of moderate-severe atopic dermatitis **AND**
2. Member is at least 18 years of age **AND**
3. Prescriber is an allergist/immunologist or dermatologist, or provides consultations notes from an allergist/immunologist or dermatologist.
4. Prescriber has provided documentation of ONE of the following:
  - a. Inadequate response or adverse reaction to ONE superpotent or potent topical corticosteroid †
  - b. Contraindication to ALL superpotent or potent topical corticosteroids ‡**AND**
5. Member has had an inadequate response, adverse reaction or contraindication to topical tacrolimus  
**AND**
6. Prescriber has provided documentation of ONE of the following:
  - Inadequate response or adverse reaction to ONE systemic immunosuppressive therapy\* (e.g.



- azathioprine, cyclosporine, methotrexate, mycophenolate mofetil, mycophenolic acid)
  - Contraindication to ALL systemic immunosuppressive therapy
7. Dosing is appropriate (see Appendix A)

Add-on maintenance treatment of moderate to severe asthma with an eosinophilic phenotype:

1. Member is at least 12 years of age **AND**
2. Prescriber is an asthma specialist (i.e. allergist, immunologist, pulmonologist) **AND**
3. Member is symptomatic despite receiving one of the following:
  - a. combination inhaler containing an inhaled corticosteroid **and** a long-acting  $\beta$ -agonist; **or**
  - b. combination of an inhaled corticosteroid **and** a long-acting  $\beta$ -agonist inhaler as a separate inhaler; **or**
4. member requires chronic oral corticosteroids **AND**
5. evidence of an eosinophilic phenotype (i.e., peripheral blood eosinophil count  $\geq 150$  cells/ $\mu$ L, elevated sputum eosinophils or FeNO **AND**
6. Dosing is appropriate (see Appendix)

Oral corticosteroid dependent asthma:

1. Member is at least 12 years of age **AND**
2. Member requires chronic oral steroids for treatment of asthma **AND**
3. Dosing is appropriate (see Appendix)

*\*If member has tried systemic immunosuppressive therapy and trial with a superpotent or potent topical corticosteroid has not been documented, the trial may be bypassed*

*† If member has tried lower potency corticosteroid, prescriber must provide clinical rationale for not utilizing superpotent/potent corticosteroid*

*‡ Trials with corticosteroids may be bypassed if the request clearly states that the treatment area is a sensitive area (facial/groin)*

Continuation of Therapy

1. Reauthorizations for Atopic Dermatitis will be approved when documentation is submitted indicating a positive response to therapy.
2. Reauthorizations for Asthma will be approved when documentation is submitted indicating a positive response to therapy as evidenced by a decrease in oral steroid requirement and a decrease in asthma exacerbations.

**Limitations**

1. Initial approvals will be granted for 6 months
2. Reauthorizations will be granted as listed below based on diagnosis
  - a. Atopic Dermatitis – 6 months
  - b. Asthma – 12 months

Appendix

Dupixent® (dupilumab)	<b>Atopic dermatitis (moderate-severe):</b> 600 mg SQ followed by 300 mg every other week
	<b>Moderate to severe eosinophilic asthma:</b> 400mg or 600mg followed by 200mg or 300mg every other week.
	<b>Oral corticosteroid dependent asthma:</b> 600mg followed by 300mg every other week



## **References**

N/A

## **Review History**

06/2017: Reviewed P&T

10/01/2017: Implemented

03/01/2018: Reviewed and Revised (Adopted MH RS)

11/26/2018: Reviewed and Revised

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