# Overview

Doptelet and Mulpleta are thrombopoietin receptor agonists indicated for the treatment of thrombocytopenia in adults.

## Coverage Guidelines

Authorization may be granted for members new to AllWays Health Partners who are currently receiving treatment with the requested excluding when the product is obtained as samples or via manufacturer’s patient assistance programs.

### OR

Authorization may be granted if all the following criteria is met and documentation has been submitted:

#### Doptelet

1. The member is at least 18 years of age
2. The member has diagnosis of chronic ITP
3. The member has platelet counts of <30,000 cells/microliter
4. The member has had an inadequate response, adverse reaction or contraindication to one corticosteroid and immunoglobulin OR the member has had a splenectomy.

### OR

1. The member has a diagnosis of chronic liver disease and thrombocytopenia
2. The member is at least 18 years of age
3. The member has a platelet count of < 50,000 cells/microliter AND
4. The member is scheduled to undergo a procedure (date of planned procedure is documented) Therapy should be initiated 10-13 days prior to scheduled procedure

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### Specialty Medications

- **All Plans**
  - Phone: 866-814-5506
  - Fax: 866-249-6155

### Non-Specialty Medications

- **MassHealth**
  - Phone: 877-433-7643
  - Fax: 866-255-7569

- **Commercial**
  - Phone: 800-294-5979
  - Fax: 888-836-0730

- **Exchange**
  - Phone: 855-582-2022
  - Fax: 855-245-2134

### Medical Specialty Medications (NLX)

- **All Plans**
  - Phone: 844-345-2803
  - Fax: 844-851-0882
**Mulpleta**

Authorization may be granted if all the following criteria is met and documentation has been submitted:

1. The member is at least 18 years of age
2. The member has a diagnosis of chronic liver disease and thrombocytopenia
3. The member has a platelet count of <50,000 cells/microliter
4. The member is scheduled to undergo a procedure (date of planned procedure is documented)

Therapy should be initiated 8-14 days prior to scheduled procedure

**Continuation of Therapy**

Reauthorizations for members with a diagnosis of Chronic ITP require documentation of improvement in platelet counts.

**Limitations**

1. Approvals for members with a diagnosis of chronic liver disease and thrombocytopenia who will be undergoing a procedure, will be issued for 1 month for one course of therapy per authorization
2. Initial and reauthorizations for members with a diagnosis of Chronic ITP will be issued for 6 months
3. The following quantity limits apply:

<table>
<thead>
<tr>
<th>Therapy</th>
<th>Quantity Limits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doptelet</td>
<td>10 tablets for members with platelet count of 40,000 to &lt;50,000 cells/microliter per procedure</td>
</tr>
<tr>
<td></td>
<td>15 tablets for members with platelet count of &lt;40,000 cells/microliter per procedure</td>
</tr>
<tr>
<td>Mulpleta</td>
<td>7 tablets per procedure</td>
</tr>
<tr>
<td>Doptelet (ITP)</td>
<td>#60 tablets per 30 days</td>
</tr>
</tbody>
</table>

**References**

1. Doptelet (avatrombopag) [prescribing information]. Durham, NC: Dova Pharmaceuticals, Inc; Revised: June 2019
2. Mulpleta (lusutrombopag) [prescribing information]. Florham Park, NJ: Shionogi Inc; April 2020

**Review History**

02/20/2019 – Approved by P&T
09/18/2019 - Added new indication of treatment of chronic ITP
09/16/2020 – Updated and Reviewed Sept P&T Mtg; Updated Platelet count for chronic ITP <30,000; references updated. Effective 12/1/20
09/22/2021 – Reviewed Sept P&T; started and stabilized statement updated to include members to new AllWays Health Partners. Effective 01/01/2022

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AllWays Health Partners complies with applicable federal civil rights laws and does not discriminate or exclude people on the basis of race, color, national origin, age, disability, or sex.