

Complete HMO for GIC members

We have proudly served GIC members and their communities for over 30 years. All aspects of a member's care are important to us, and we work to leverage our expertise to give members innovative care options to help them be their healthiest self. This year, we are excited to offer GIC members additional plan enhancements and an experience that's easy from the day they enroll.

Plan at a glance

Benefit*	Cost sharing
Medical deductible	\$500/\$1,000
Out-of-pocket maximum (includes medical, pharmacy, and behavioral health)	\$5,000/\$10,000
Primary Care Provider (PCP) office visit copay	\$10/\$20/\$40
Specialist office visit copay	\$30/\$60/\$75
Behavioral health office visit	\$10 copay
Emergency room (emergency care covered at any hospital emergency room)	\$100 copay then deductible (copay waived if admitted)
Inpatient acute medical care	\$275 copay then deductible / \$500 copay then deductible / \$1,500 copay then deductible
Outpatient surgery at a freestanding ambulatory surgical center (for non-preventive colonoscopies, endoscopies, and eye surgeries)	\$150 copay then deductible
Outpatient surgery (plus hospital based non-preventive colonoscopies, endoscopies, and eye surgeries)	\$250 copay then deductible
High-tech imaging	\$100 copay/scan then deductible
Telemedicine (virtual visits) through On Demand, PCP, or Specialist	\$10 copay
Telemedicine for mental health care or substance use care	\$10 copay (waived for first 3 visits)

Benefit information good through June 30, 2024

*Benefits must be received by a participating provider unless otherwise indicated

Continued



What's new and improved for GIC members this year?

- Lyra Health's mental health platform with virtual and in-person options, self-service tools, mental health coaching, therapy, and medication management— as well as member-friendly provider matching with a median of 3 days to first available appointment.
- Virgin Pulse's wellness platform with content, daily challenges, and other state-of-the-art digital tools tailored to a member's individual goals.
- Acupuncture covered for 20 visits per benefit period.



Broad network plan design

We are honored to have been selected by the GIC to be a broad network plan this year. This means:

- GIC members from all across the Commonwealth may choose the plan.
- Provider network and benefit plan design include three tiers for PCPs, specialists, and inpatient acute medical care at hospitals.
- Many GIC members will have a lower copay to see their current PCPs.
- Members can check their providers' tiers through the provider search tool at MassGeneralBrighamHealthPlan.org/GIC-members.



Provider network

- Access to PCPs, specialists, and hospitals—including many providers outside of the Mass General Brigham system.
- World-class hospitals are in-network, with facilities like Massachusetts General Hospital, Beth Israel Deaconess Medical Center, MetroWest Medical Center, Brigham and Women's Hospital, Lahey Hospital and Medical Center, Saint Vincent Hospital, Beth Israel Deaconess Hospital-Plymouth, UMass Memorial Medical Center, and many more.
- Optum's behavioral health network, one of the largest in the U.S.
- Lyra Health's full range of mental health services on an easy-to-navigate digital platform.



Benefits and programs that help members live healthier lives

- Health coaches by phone or email
- Recovery coaches
- Fitness reimbursement of up to \$150 for individual coverage or up to \$300 per family. Terms and conditions apply.
- Eyewear discounts powered by EyeMed
- Special programs for babies and expecting moms
- Childbirth education classes and breastfeeding classes
- Quit for Life nicotine cessation program with 1:1 support from a Tobacco Treatment Specialist

What's included:

- Preventive & wellness services for \$0 cost sharing
- Diagnostic & treatment services
- High-tech imaging
- In-and out-patient hospital services
- Members pay \$100 less in copay for select outpatient surgeries at Ambulatory Surgical Centers
- Full access to the entire network including all of Boston's top academic medical centers
- Emergency services at any hospital
- Coverage for urgent care and retail clinics
- Behavioral health services from Optum Behavioral Health and Lyra Health
- Access to virtual visits with a behavioral health therapist – copay waived for first three visits
- Virtual visits with PCP, Specialist, or On Demand urgent care for just \$15 copay
- Routine eye exam every 24 months
- Acupuncture up to 20 visits per benefit period
- Fitness reimbursement of up to \$150 for individual coverage or up to \$300 per family
- Care managers available by phone for members with certain conditions
- Personalized wellness programs by Virgin Pulse to help members feel their best
- Transition of care program for new members who are currently pregnant or undergoing treatment
- Switching plans made easy with our new member welcome program



Have questions or need help finding a provider?

GIC Agency Coordinators and members can call our dedicated GIC Customer Service team at **866-567-9175 (TTY 711)** Monday through Friday from 8:00 AM to 6:00 PM and Thursday from 8:00 AM to 8:00 PM.

Coordinator and member resources

Find information at [MassGeneralBrighamHealthPlan.org/GIC-members](https://www.massgeneralbrighamhealthplan.org/GIC-members)