The listed preventive services, as required by the Affordable Care Act (ACA), reflect routine health care that includes screenings, check-ups, and patient counseling to prevent illnesses, disease, or other health problems. You do not have to pay for these covered services when delivered by a network provider. Additional services may be added.

Please refer to [allwayshealthpartners.org](http://allwayshealthpartners.org) for the most up-to-date listing.

<table>
<thead>
<tr>
<th>Adults and Children</th>
<th>Adults Only</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol and substance misuse screening and counseling</td>
<td>Intensive behavioral counseling about diet and physical activity for adults who are overweight and have other risk factors for cardiovascular disease</td>
</tr>
<tr>
<td>Alcohol and drug use assessment</td>
<td>Lung cancer screening for adults age 55-80 at risk of developing lung cancer</td>
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<tr>
<td>Cholesterol screening</td>
<td>Tobacco use nicotine replacement therapy</td>
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<tr>
<td>Depression screening</td>
<td>Type 2 diabetes screening for adults with high blood pressure</td>
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<tr>
<td>Hepatitis B screening</td>
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<tr>
<td>Hepatitis C screening</td>
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<tr>
<td>HIV screening and counseling</td>
<td></td>
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<tr>
<td>Immunizations and vaccines, including flu shots</td>
<td></td>
</tr>
<tr>
<td>• Weight management screening and counseling</td>
<td>• Aspirin use counseling at your well visit, for members at risk of heart disease or colon cancer</td>
</tr>
<tr>
<td>• Sexually transmitted disease (STD) prevention, screening, and counseling (including gonorrhea, chlamydia, and syphilis)</td>
<td>• Colorectal cancer screenings (including lab testing, sigmoidoscopy, or colonoscopy)</td>
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<tr>
<td>• Tobacco use screening and counseling</td>
<td>• Diabetic screening</td>
</tr>
<tr>
<td>• Tuberculosis infection screening for all patients at higher risk</td>
<td>• For members 65 and older: fall-prevention counseling at your well visit and vitamin D supplements through your pharmacy benefit</td>
</tr>
<tr>
<td>• Well visits and regular preventive care (medical history and physical examination) including blood pressure screening, height, weight, and body mass index (BMI), screening and counseling for interpersonal and domestic violence</td>
<td>• Continued</td>
</tr>
</tbody>
</table>
### Women Only
- Annual GYN exam including screening for urinary incontinence
- Aspirin use for preeclampsia prevention through your pharmacy benefit
- Bacteriuria screening for pregnant women
- Breast cancer chemoprevention counseling for women at higher risk
- Breastfeeding support, breast pump, supplies, and counseling
- Cervical cancer screening including human papilloma virus (HPV) testing
- Diabetes screening for women during and after pregnancy
- FDA-approved contraceptive methods and counseling (contraceptives covered with no member cost sharing include: generics, brand name drugs with no generic alternative, and emergency contraceptives)
- Folic acid supplements for women who may become pregnant, through your pharmacy benefit
- Hepatitis B screening for pregnant women
- Osteoporosis screening for women 65 and older and for younger women with increased risk of fracture
- Rh incompatibility screening for all pregnant women and follow-up testing for women at higher risk
- Screening mammogram, ultrasound or MRI for breast cancer screening. Counseling and BRCA genetic testing
- Sterilization procedures

### Men Only
- Abdominal aortic aneurysm: one-time screening for men of specified ages who have ever smoked

### Children Only
- Behavioral assessments throughout childhood (includes depression screening)
- Developmental screening and surveillance throughout childhood
- Fluoride varnish for children ages 6 months to 18 years
- Hearing screening for children up to 21*
- Hematocrit or hemoglobin screening for children
- Iron supplements for children ages 6 to 12 months at risk for anemia (over the counter with prescription)
- Lead screening for children at risk of exposure
- Oral fluoride supplements for children without fluoride in their water (over the counter with prescription)
- Oral health risk assessment for young children
- Vision screening for all children**

### Newborn Screening and Tests
- Congenital hypothyroidism screening for newborns
- Gonorrhea preventive medication for the eyes of all newborns
- Hearing screening
- Hemoglobinopathies or sickle cell screening for newborns
- Phenylketonuria (PKU) screening

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*This service is not the same as a hearing exam.

**This service is not the same as a routine or comprehensive eye exam.