





Our fitness and weight loss benefits make it easier and more affordable to be your healthiest you.

Fitness reimbursement: Get up to \$150 for individual coverage or \$300 for family coverage per calendar year.

Covers memberships of qualified fitness facilities, participation in qualified programs/subscriptions and activities, and the purchase, maintenance, and service of qualified active mobility products.

Weight loss reimbursement: Get up to six months free with Jenny Craig, WW, or Noom.

Our weight loss benefit gives you a little extra motivation and money—when you join Jenny Craig, WW, or Noom. We will reimburse you for up to six full months of membership fees for you or one of your enrolled dependents.*



How do I get reimbursed? The quickest way to submit your request is through the member portal at **Member.MassGeneralBrighamHealthPlan.org**

What qualifies for a fitness reimbursement?

- · Health clubs/gyms
- SplitFit
- Virtual Fitness Subscriptions
- ClassPass memberships
- Pilates
- Yoga
- Zumba
- Aerobics
- Peloton Subscription
- Mirror Subscription
- · Beachbody On Demand
- Active mobility products and services, includes standard and electric bicycles and scooters, equipment, repair, and maintenance**

Terms and conditions apply. You must be a member for 3 months or longer to qualify.

- * The weight loss benefit does not cover food, nutritional supplements, or enrollment/registration fees.
- ** Maintenance and repair can include safety inspection, chain checking and oiling, brake adjustment, gear adjustment, wheel alignment, and wheel true.

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